

## Cancer Support Group

Do you or someone you know have cancer? If so, there is help, hope, and support awaiting you.

This non-denominational support group is open to the community for cancer survivors, both those going through treatment now or in the past, as well as for family members and friends. Each session is held via Zoom and consists of eight meetings, which convene once a week on Tuesday evenings at 7 p.m. These meetings are sponsored in lieu of in-person meetings by:

St. Paul's United Methodist Church, 620 Romeo Road Rochester, MI 48307

The Fall session will begin on Tuesday, September 29, 2020, and runs through Tuesday, November 17, 2020. We would love to have you join us for as many of these meetings as you can make during the session.

Agenda:7 – 7:30 p.m. Speaker Presentation7:30 – 9 p.m. Group Sharing with a Facilitator

- Receive support from those who have gone through what you are currently experiencing
- Understand your cancer and your reaction to your disease from expert speakers
- Regain control of that part of your life that matters most
- Unburden yourself and give support by sharing your experiences

It takes a lot of courage to attend your first meeting; but, once you do, you will never be sorry you did. The bonding one feels to others in the group is amazingly supportive, enriching, and vital. We can help you navigate the Zoom computer program or have you join us via phone.

For more information, contact, Laura Brickley at (248) 673-1299, or Celeste Hanes at (248) 627-6562.